

How to live without prejudice? – workshop on anti-discrimination for SIETAR Polska

People without stereotypes and prejudice do not exist. Marginalization, discrimination and unequal treatment of people belonging to different groups is a serious social problem and noticing these problems only is not enough to act against them. What we need is information, skills and attitudes that are based on such values as: equality, non-discrimination, social justice or solidarity.

We can sometimes hear about discrimination, but do we put enough effort into thinking about its causes and consequences or how to recognize it? It is sometimes hard to recognize discrimination; what is more, its mechanisms may be so subtle that we would not be able to recognize that we became its victims. How many times we observed it and did not know what to do? In order to understand the mechanisms of discrimination and learn how to act against it, one should start with looking into own attitudes, stereotypes and prejudices.

During the workshop you will:

- learn what discrimination is and what are its causes and consequences and how it related to hate speech
- understand the mechanisms of discrimination
- have an insight into own attitudes, stereotypes and prejudices
- explore different parts of your identity and reflect how they may be related with discrimination
- discuss different positions people take towards discrimination
- discuss your own role in acting against discrimination
- learn about legal regulations concerning discrimination
- learn about different examples of anti-discrimination activities and actions

Date and venue:

The workshop will take place in Warsaw on 2 March 2019 from 11:00 till tbc. Venue: tbc.

About the trainer:

Dariusz Grzemny is a youth worker in Poland and a trainer/consultant in educational projects across Europe dealing with anti-discrimination and human rights education.

His international work experience includes the Amnesty International Secretariat in London, where he worked as a human rights education advisor and the Council of Europe where he was an educational advisor. He is a member of the Pool of Trainers in the Youth Directorate of the Council of Europe. He was involved in the development and implementation of the No Hate Speech Movement campaign in the Council of Europe. He is an author of several educational materials on human rights education, recently being the editor and co-author of the revised version of „Gender Matters - a Manual on Gender-based Violence Affecting Young People”.

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